BALLANTYNES
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CHECKLIST

Fish and wine pairing checklist

- [ ] Identify whether the fish is delicate, oily, firm or shellfish
- [ ] Consider how the fish is cooked and whether it adds char or richness
- [ ] Choose wines with high acidity for oily fish
- [ ] Serve light reds slightly chilled when pairing with meaty fish
- [ ] Avoid heavily oaked whites with delicate fish
- [ ] Pour sparkling wine or a dry white when uncertain