B

**BALLANTYNES**

ballantynes-direct.co.uk

CHECKLIST

# Your guide to understanding biodynamic wine

- [ ] Look for the Demeter logo or ask your merchant which producers follow biodynamic principles
- [ ] Compare a biodynamic bottle with a conventional or organic wine from the same region
- [ ] Note texture, aromatics and evolution in the glass without attributing every detail to farming
- [ ] Read the producer's story to understand how they interpret the philosophy
- [ ] Explore wines from different certifiers or uncertified biodynamic growers
- [ ] Consider whether the environmental and labour trade-offs align with your own values
- [ ] Remember that minimal intervention in the cellar often accompanies biodynamic viticulture