CHECKLIST

Tasting for tannin: a quick guide

- [ ] Pour a small amount and let the wine sit on your tongue for a few seconds
- [ ] Notice the texture rather than the flavour
- [ ] Assess whether your mouth feels drier after swallowing
- [ ] Check if the inside of your cheeks or gums feels rough or tight
- [ ] Compare the sensation to that of strong black tea
- [ ] Try the wine with fatty food to see how the pairing changes the texture
- [ ] Taste the wine again after decanting or the next day to observe how it evolves